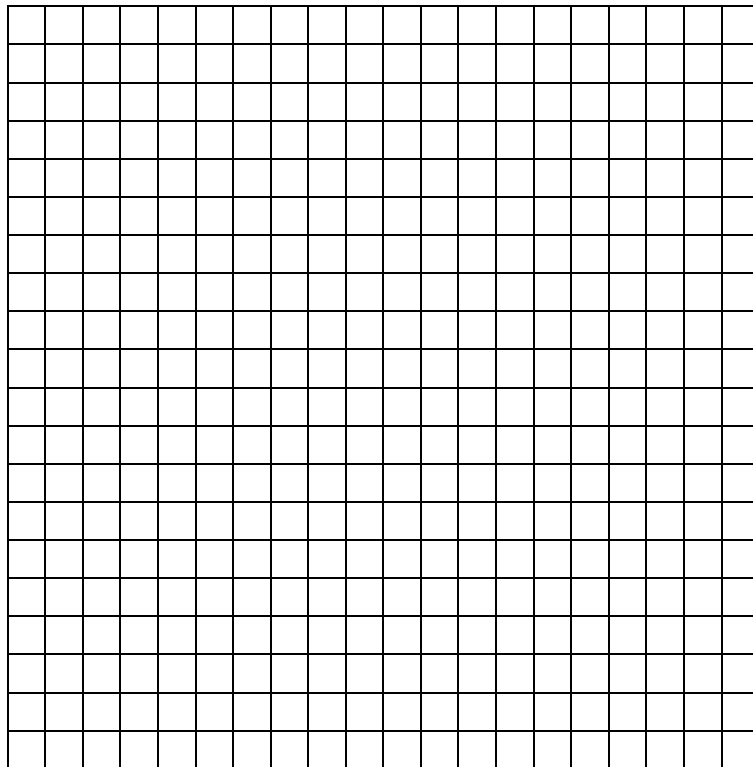




## AMSLER GRID RECORDING CHART



### INSTRUCTIONS:

- 1.) Before performing this test, put on your best reading glasses. PLEASE measure and put a black dot in the center of the chart.
- 2.) Tape chart to wall or mirror in an upright position. Cover one eye at a time.
- 3.) While keeping gaze fixed on the black spot in the center of the chart, note if you can see all four corners and sides of the grid. In other words, can you see the whole square?
- 4.) While always keeping the gaze fixed on the central black spot, do you see the network of squares all intact or are there interruptions like holes or spots? Is it blurred in any place, and if so, where?
- 5.) Do you see all the lines both horizontal and vertical, all quite straight and parallel? Are all the squares equal in size and perfectly regular?
- 6.) Are any of the lines wavy, vibrating, shining, colored or tinted, and if so, where on the chart?

Perform this test everyday on each eye, cover one eye at a time and remember to always stay focused on the black dot in the center of the grid. Mark the areas which appear irregular and call our office as soon as possible if any new changes occur.