



Leaders in Eye Care

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Blepharoplasty Post Operative Instructions

- 1.) Use ice pack 10 – 15 minutes every hour, until bedtime.
- 2.) Keep head elevated until the following morning after surgery.
Sleep in a recliner or use two or three pillows.
- 3.) Use ointment at bedtime on the incision line on each eyelid on the night of surgery. The following day begin using ointment 3 times a day on each eyelid. Continue this routine for 7 days then decrease use to bedtime only until out of ointment.
Apply ointment gently with a Q-tip.
- 4.) If there are any problems or questions call 713-797-1010, day or night.