



Leaders in Eye Care

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Jill Autry, O. D.
Amanda Bachman, O. D.
Julie Ngo, O. D.

Patient Name: _____

Date of Surgery: _____ **Surgeon:** *Dr. Edward C. Wade, M.D.*

INTACS POST-OPERATIVE INSTRUCTIONS

PLEASE START YOUR EYE DROPS IMMEDIATELY

ZYMAXID EYE DROPS:

- **1 drop in OPERATED EYE(S) 4 times a day (Breakfast, Lunch, and Dinner and Bedtime)**
- **for 7 days, then STOP.**

PRED-FORTE DROPS:

- **1 drop in OPERATED EYE(S) 4 times a day (Breakfast, Lunch, Dinner and Bedtime) for 7 days, then;**
- **1 drop 3 times a day (Breakfast, Lunch, and Dinner) for 5 days, then;**
- **1 drop 2 times a day (Breakfast and Dinner) for 3 days, then;**
- **1 drop 1 time a day (Lunch) for 2 days, then STOP.**
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REFRESH PLUS artificial tears:

- **1 drop in OPERATED EYE(S) every 2-4 hours for 3 days or as often as needed.**

OPTIONAL, IF YOU FEEL PAIN AFTER YOU GO HOME (TYLENOL):

- **1 tablet every 4-6 hours as needed for pain. (No more than 4 tablets a day).**
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PLEASE WAIT 5 MINUTES BETWEEN EACH DROP.

FOLLOW THESE DIRECTIONS UNLESS OTHERWISE DIRECTED.

- 1. You will experience some discomfort the day of surgery. You may experience itching, burning, tearing, foreign body sensation and light sensitivity. Do not be alarmed. This is not unusual after the Intacs procedure.**
- 2. Fluctuations in your vision may occur daily. Do not be alarmed if your vision does not stabilize for several weeks. This is not unusual after the Intacs procedure.**
- 3. A shield will be applied over your eye(s) following the procedure. Please wear the shield every night for 2 weeks. The shield will help prevent you from accidentally rubbing your eye(s) while you sleep whereby you may disrupt the surgical healing process.**
- 4. You may remove the shield the day after your procedure and when you are instilling drops in your eye(s). Also, make sure you use your shield before you go to bed. Make sure you bring your medications for your follow up appointments. We want to provide the highest quality care during your recovery. Expect post-op appointments for: 1 day, 1 week, 2 week and 1 month following your procedure.**
- 5. Avoid getting any contaminated water into your eye(s), including water from swimming pools, hot tubs, showers or the ocean for the next 7 days.**
- 6. Do not use eye make-up for 1 week following the procedure.**
- 7. If needed, gently pat or wipe the eye(s). *Do not rub your eye(s).***
- 8. In the advent of severe pain, excessive discharge, increasing redness and swelling, or loss of vision, you should contact Eye Center of Texas immediately at 713-797-1010. If after business hours, the automated instructions will allow you to page one of our Doctors on call.**