

## **BEFORE SURGERY INSTRUCTIONS AND DROPS**

Start drops 3 days before surgery. Start drops on: \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_

Use drops in: Left Eye \_\_\_\_\_ Right Eye \_\_\_\_\_



**BESIVANCE DROPS: USE ONE (1) DROP, THREE (3) TIMES A DAY.**

**WAIT FIVE (5) MINUTES BETWEEN DROPS**



**PROLENSA DROPS: USE ONE (1) DROP, ONE (1) TIME A DAY.**

1. If the eye drops irritate or make your eye red, please call the office at **713-797-1010** to let us know.
2. If your surgery is scheduled in the morning, do not eat or drink the night before your surgery after midnight.
3. If your surgery is scheduled for the afternoon, you may have a light breakfast of toast and clear juice, only before 6:30 am
4. Do take your regular oral medications with a small sip of water on the morning of your surgery.
5. **If you are diabetic and take insulin:** only take (1/2) one-half of the long lasting insulin and none (0) of the short acting insulin.
6. **If you are diabetic and take oral medications for diabetes:** do not take the oral medications until after surgery!
7. **Do not use any other eyedrops** in your operative eye other than the eye drops for surgery **unless** directed to do so by your doctor.
8. You must have transportation on the day of surgery.
9. Wash your face thoroughly the night before surgery and the morning of surgery.
10. Do not wear makeup the day of surgery.
11. Bring drops to all appointments (including Surgery Center).

## AFTER SURGERY INSTRUCTIONS AND DROPS

When you return home after surgery, start drops and continue to take as directed below.



**BESIVANCE DROPS:** USE ONE (1) DROP, THREE (3) TIMES A DAY FOR ONE (1) WEEK AFTER SURGERY, THEN STOP.

**WAIT FIVE (5) MINUTES BETWEEN DROPS**



**PROLENSA DROPS:** USE ONE (1) DROP, ONE (1) TIME A DAY UNTIL EMPTY.

**WAIT FIVE (5) MINUTES BETWEEN DROPS**



**DUREZOL DROPS: WEEK ONE:** USE ONE (1) DROP THREE (3) TIMES A DAY.  
**WEEK TWO:** USE ONE (1) DROP TWO (2) TIMES A DAY.  
**WEEK THREE:** USE ONE (1) DROP ONCE A DAY, THEN STOP.

**NOTE:** The Doctor will instruct you on how to use your drops on each post operative visit.

1. If you experience any discomfort after surgery, you may take two (2) Advil or Tylenol. If this doesn't relieve your discomfort, please call our office at **713-797-1010**.  
**DO NOT RUB THE EYE.**
2. Do nothing strenuous for 1 week. You may do some light housework, cooking, or walking. Do not lift anything over 20 lbs for one week. No swimming or any activities in which your eye may be directly hit. No yard work or gardening until approved by the doctor. You may read, watch TV, and climb stairs if you move slowly. No bending forward at the waist.
3. Do not use any eye makeup on the operated eye for one week after surgery.
4. You may wash your face, but make sure you close your eyes so that no soapy water or foreign material gets into the eye. You may shave and wash your hair the day after surgery, by taking a tub bath (no shower the day after surgery, but you may shower 2<sup>nd</sup> day after surgery).
5. You may ride in an automobile to and from the doctor's office, but excessive and unnecessary travel should be avoided for 3 days. You may drive, if necessary, 3 days after surgery.
6. You may eat after surgery and resume your regular diet after surgery. You may have alcohol one day after surgery.
7. Although you will be able to see out of the operated eye, your vision may be distorted for a few weeks. If at any time you experience sudden or drastic loss of vision, or severe pain, call our office at once: 713-797-1010.