



Leaders in Eye Care

LASIK Pre-Op Instructions

Patient Name: _____

Surgeon: _____

Date of Surgery: _____ Arrival Time: _____

Edward C. Wade, M.D., F.A.C.S.

Ting Fang-Suarez, M.D., F.A.C.S.

Mark L. Mayo, M.D.

Paul J. Stewart, M.D.

Randall N. Reichle, O.D., F.A.A.O.

Christopher D. Allee, O.D.

Jill C. Autry, O.D., R.Ph.

Amanda L. Bachman, O.D.

Julie D. Ngo, O.D., F.A.A.O.

James O. Holt, O.D., F.A.A.O.

Darcy R. Szczepanik, O.D.

1. You must have a responsible adult with you the day of surgery. You must have someone stay with you the night after your surgery.

2. You must see one of our doctors the day after your surgery. Take your regular morning medications (if any) with breakfast with the following exceptions: No aspirin 5 days prior to surgery; no Accutane four (4) weeks prior to surgery. Restart Accutane four (4) weeks after surgery. If you are taking Amiodarone, you are not a LASIK candidate. Please check with your medical doctor before making any changes in your medications.

3. Remove eye makeup thoroughly the night prior to surgery. Do not wear eye makeup, earrings, nail polish, perfume, cologne, after-shave, hair spray, scented deodorant or anything that has a fragrance, as this will affect the laser beam's effect on your eye! Leave all jewelry and valuables at home. Do not wear your hair in a ponytail or braid.

4. Do not wear soft contact lenses in the operative eye(s) for 2 weeks prior to evaluation and surgery.

5. Do not wear hard or gas permeable contact lenses in the operative eye(s) for 3 weeks prior to evaluation and surgery. You can substitute a soft contact lens until 2 weeks before surgery.

6. It is recommended that you eat a light breakfast before coming for your surgery. Be sure to have your prescription filled before the surgery and bring the medication with you when you report to the laser center. Please use the ZYMAXID, if prescribed, 3 days prior to surgery. Use Restasis, if prescribed by your doctor, 3 days prior to surgery.

7. Plan on being at the laser center for about 2 hours.

8. Report to: Eye Center Of Texas at 6565 West Loop South, Suite 650, Bellaire, TX 77401 (Located between Bellaire and Bissonnet on the inside 610 Loop Service Road).

If you have any questions about these instructions, please call Eye Center of Texas at (713) 395-1515, (713) 357-7229, (713) 357-7230 or call your optometrist.

BELLAIRE

6565 West Loop South
Suite 650
Bellaire, TX 77401
713.797.1010 p.
713.357.7276 fax

PASADENA

4415 Crenshaw Rd
Pasadena, TX 77504
281.977.8800 p.
281.977.8877 fax

SUGAR LAND

15400 Southwest Frwy
Suite 301
Sugar Land, TX 77478
281.277.1010 p.
281.277.4504 fax

WEBSTER

450 Medical Center Blvd
Suite 305
Webster, TX 77598
281.332.1397 p.
281.338.1215 fax

KATY

777 S. Fry Road
Suite 102
Katy, TX 77450
713.797.1010 p.
713.357.7277 fax

THE WOODLANDS/ CONROE

690 South Loop 336 West
Suite 205
Conroe, TX 77304
713.797.1010 p.
713.357.7276 fax