

BLEPHAROPLASTY POST OPERATIVE INSTRUCTIONS

1. Use ice pack 10 – 15 minutes every hour, until bedtime.
2. Keep head elevated until the following morning after surgery. Sleep in a recliner or use two or three pillows.
3. Use ointment at bedtime on the incision line on each eyelid on the night of surgery. The following day begin using ointment 3 times a day on each eyelid. Continue this routine for 7 days then decrease use to bedtime only until out of ointment. Apply ointment **gently** with a Q-tip.
4. If there are any problems or questions call **713-797-1010**, day or night.

