

# CATARACT BEFORE SURGERY INSTRUCTIONS

## 1. YOUR SURGERY WILL BE DONE AT:

**Sugar Land Surgery Center**  
Southwest Freeway, #100  
Sugar Land, Texas 77478  
Ph: 281-274-6601

**Gramercy Outpatient Surgery Center**  
2727 Gramercy  
Houston, TX 77025  
Ph: 713-660-6900

**Doctor's Outpatient Surgery Ctr.**  
3534 Vista Road  
Pasadena, TX 77504  
Ph: 713-947-0330

**Eye Center of Texas Surgical**  
6565 west Loop South, Suite #650  
Bellaire, TX 77401  
Ph: 713-797-1010

2. Your surgery date is \_\_\_\_\_ **RIGHT / LEFT EYE**

3. You will start your eye drops 3 days before \_\_\_\_\_ your surgery day. Put one drop in the eye to be operated on three times a day. Also, you **must** use your drops on the morning of your surgery.

4. Wash your face thoroughly the night before and the morning of your surgery. If the soap irritates your skin, please call. **Do not** get the soap in your eye. Do not wear eye makeup on the day of surgery.

5. If the eye drops irritate or make your eye red, please call the office to let us know.

6. If your surgery is scheduled in the morning, you may have **nothing by mouth after midnight**. If your surgery is scheduled in the afternoon, you may have a light breakfast of toast and clear juice **before 6:30 a.m.**

7. **Please take your regular medications** with a sip of water **the morning of surgery**. If you take insulin for diabetes, please only take one-half of the long acting insulin and none of the short acting. Also, if you take oral medication for diabetes, **do not take them until after your surgery**.

8. If you do not have an arrival time, please call our office.



**EYE CENTER OF TEXAS**

Leaders in Eye Care