



Leaders in Eye Care

www.eyecenteroftexas.com

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Cataract Before Surgery Instructions

1. Your surgery will be done at:

Sugar Land Surgery Center
Southwest Freeway, #100
Sugar Land, Texas 77478
Ph: 281-274-6601

Gramercy Outpatient Surgery Center
2727 Gramercy
Houston, TX 77025
Ph: 713-660-6900

Doctor's Outpatient Surgery Ctr.
3534 Vista Road
Pasadena, TX 77504
Ph: 713-947-0330

Eye Center of Texas Surgical
6565 west Loop South, Suite #650
Bellaire, TX 77401
Ph: 713-797-1010

2. Your surgery date is _____ **RIGHT / LEFT EYE**

- You will start your eye drops 3 days before _____ your surgery day. Put one drop in the eye to be operated on three times a day. Also, you **must** use your drops on the morning of your surgery.
- Wash your face thoroughly the night before and the morning of your surgery. If the soap irritates your skin, please call. Do not get the soap in your eye. **Do not** wear eye makeup on the day of surgery.
- If the eye drops irritate or make your eye red, please call the office to let us know.
- If your surgery is scheduled in the morning, you may have **nothing by mouth after midnight**. If your surgery is scheduled in the afternoon, you may have a light breakfast of toast and clear juice **before 6:30 a.m.**
- Please take your regular medications** with a sip of water **the morning of surgery**. If you take insulin for diabetes, please only take one-half of the long acting insulin and **none** of the short acting. Also, if you take oral medication for diabetes, **do not take them until after your surgery**.
- If you do not have an arrival time, please call our office.